

FLAVOURS OF FARMLAND



Celebrating Ontario farmers and Ontario grown commodities



As part of OFT's effort to raise awareness of Ontario's diverse and abundant commodities and their unique growing conditions in Ontario, Flavours of Farmland was ideated. With each commodity, we highlight passionate producers across the province, and their commitment to the local food system. We urge you to support our local farmers by purchasing directly from their businesses. With every purchase, you sow the seeds of solidarity, nurturing our communities and landscapes for a flourishing future.

Sponsored by:



The Ontario Lavender Association (OLA) is dedicated to supporting and advocating for the lavender industry in Ontario. Established to address the diverse needs of its members, ranging from novice farmers to major lavender producers and agritourism destinations, OLA strives to foster a prosperous and thriving lavender sector throughout the province.





www.lavenderontario.org



ontariolavenderassociation eamail.com



lavenderontario

Sponsored bu:



For more than 30 years, Ontario Sheep Farmers has been an advocate and unified voice for Ontario's 3,000 sheep farmers, representing the sheep, lamb and wool industries. OSF's mandate is to promote and represent the industry, as well as, improve marketing through producer education, promotional campaigns, consumer education and public awareness.





www.ontariosheep.org



admineontariosheep.org



Ontario Sheep

Thank you donors!

We extend our heartfelt gratitude to the generous donors and sponsors who have graciously offered their support in OFT's mission, by helping to bring Flavours of Farmland to fruition. Together, we celebrate the abundance and diversity of Ontario farmers and their invaluable contributions to our local economy, food security, and environmental stewardship.

Contact OFT:



info@ontariofarmlandtrust.ca

(519) 781-3276 (FARM)

ontariofarmlandtrust

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STONEFIELD EDEN ALPACAS

Alpaca Wool

Dee bought the 100 acre farm in 1998. Peter joined the farm some years later. About half the acreage is used to grow forage and pasture for their alpacas, and the other half is diverse woodlot with a large wildlife population. They always had the idea of keeping the land as a farm and wild space. They knew they would never allow development on the land but what would happen when the property was sold? Dee found the Ontario Farmland Trust and the question was answered.

Ontario Raised Alpacas

- Alpacas produce a luxurious natural fibre that is softer than cashmere and warmer, lighter, and stronger than other natural fibres.
- Their fibre comes in around 22 colours with many variations of black, brown, grey, and white.
- Alpacas are suited to pasture on marginal lands.
- 1 acre of pasture can sustain 5-8 alpacas.

To learn more about Stonefield Eden Alpacas:

- stonefieldedenalpacas.com
- stonefieldedenalpacas@gmail.com
- Consecon





THE PHILOSOPHER'S WOOL CO.



Sheep Wool



Ann and Eugene Bourgeois, founders of the company, ran their wool business embracing social justice, environmental integrity, and creative joy. Today, the community operates the company under the legacy of Ann and Eugene Bourgeois by selling high quality, Canadian produced wool that is as natural and organic as possible. The company consistently seeks to build working relationships with Ontario sheep farmers. They are committed to supporting sustainable agriculture, local fair trade and environmental education.

Ontario Raised Sheep

- Sheep farmers in Canada primarily raise sheep for meat, and also produce wool and milk.
- Their diet mainly consists of pasture and hay, and sheep often graze on farmland not suitable for row crops such as corn or soybeans. Farmers also feed minerals and often supplement with grain.
- Wool sheep need to have their wool shorn at least once a year. One mature sheep can have between 7 and 10 pounds of wool in a year.

To learn more about The Philosopher's Wool Co:



philosopherswool2022@gmail.com

2 Alma St, Tiverton





TULLAMORE LAVENDER CO

Lavender

Tullamore Lavender Co. (TLC) is a small-scale lavender farm working hard to bring a little more TLC into the world. TLC is run by Stephanie Craig and Steve Larmer. They focus on creating thoughtful lavender products and experiences, with a particular interest in exploring and sharing the uniqueness of culinary lavender grown in Ontario. They grow several different varieties of lavender to showcase the differences and tasting notes of each.

Ontario Grown Lavender

- Lavender is a specialty crop typically used to produce essential oils, face and body products, and culinary items.
- Ontario's lavender fields bloom from late June to mid-August, creating a beautiful backdrop for photos.
- Ontario is at the northern fringe of suitable conditions for growing lavender, adding significant challenges for growers, and thus gives us a deeper appreciation for Ontario lavender farmers!

To learn more about Tullamore Lavender Co.:

- www.tullamorelavender.ca
- 🦰 tullamore_lavender_co
- 7595 Wellington County Road 109, Arthur





GOODLOT FARMSTEAD BREWING CO.

Craft Beer

GoodLot was established by Gail and Phil Winters in 2009, supplying organic hops to Ontario craft brewers. In 2017, they diversified their hop farm to become the first farm-to-barrel brewery in the Greenbelt. Their passion is using local ingredients to demonstrate the terroir of local beer while supporting other local farms like GoodLot.

Ontario Grown Hops

- Ontario's hop acreage has expanded over 1,200% in the last decade, with over 45 varieties grown.
- Ontario is home to over 300 craft breweries, producing 800,000 hectolitres of craft beer annually, making them the largest buyers of Ontario-grown hops.
- The growing season in Ontario begins in April and progresses through to harvest from mid-August to mid-September.

To learn more about Goodlot Farmstead Brewing Co.:

- www.goodlot.beer
 - 🧿 goodlot.beer
- 9 18825 Shaws Creek Road, Alton





GRIMO NUT NURSERY

Nut Trees

Ernie Grimo founded Grimo Nut Nursery in 1973 in Niagara-on-the-Lake, specializing in grafting disease-resistant, hardy nut trees. Joined by his daughter Linda, they expanded the nursery into a thriving business. Their orchards grow hazelnuts, walnuts, chestnuts, black walnuts, pecans, and hickory, breeding high-quality trees for future crops. Their current projects focus on disease resistance and hardiness for hazelnuts, and improving heart shape and cracking ease for heartnuts, emphasizing the importance of local foods and edible landscapes.

Ontario Grown Nuts

- Farmers in Ontario grow hazelnuts, walnuts, chestnuts, and heartnuts commercially on over 600 acres.
- Ideal climatic zones for nuts are those that are protected from late spring frosts. In Ontario, those zones are regions near large lakes.
- Locally grown nuts are fresher and tastier than extensively dried imports.

To learn more about Grimo Nut Nursery:



- ogrimonut
- 979 Lakeshore Road, Niagara-on-the-Lake





HALDIMAND HAZELNUTS

Hazelnuts

Alison MacKenzie is the owner of Haldimand Hazelnuts, established in 2016 in Cayuga, Ontario. They are dedicated to producing delicious, fresh, locally grown hazelnuts. Their family-run farm, home to over 2,500 trees, produces seven unique hazelnut varieties. From harvest to processing, each hazelnut is cared for to ensure it meets their highest standards of flavour and freshness. Support local agriculture by choosing their premium hazelnuts!

Ontario Grown Hazelnuts

- Early attempts to grow European hazelnuts in Ontario failed, but now winter-hardy varieties thrive near the Great Lakes.
- Hazelnut orchards far from Great Lakes regions are more likely to suffer winter and spring frost injuries, leading to reduced annual yields.
- Hazelnut trees produce abundantly for 50-100 years, making them a sustainable crop.

To learn more about Haldimand Hazelnuts:

Haldimand Hazelnuts

🔀 haldimandhazelnutsegmail.com

💡 2860 Haldimand Road 20, Cayuga





WOODLEIGH FARMS LTD.

Maple Syrup

Woodleigh Farms Ltd., established in 1902 in Cavan near Peterborough, ON, is a 6th-generation family business. They produce maple syrup, vegetables, and greenhouse plants, and harvest firewood, corn, soybeans, wheat, oats, straw, and hay. Committed to environmental stewardship, they implement organic and sustainable practices, focusing on soil health to ensure the land is made better for future generations. Today, Norman, Emily and their family oversee day-to-day operations on the farm.

Ontario Maple Syrup

- Maple syrup is deeply rooted in Indigenous culture and heritage, and for thousands of years, has sustained their communities, serving as a sweetener, anesthetic, meat preservative, and trade item.
- Ontario is the country's second largest producer of maple syrup, producing up to 3 million litres annually.
- Maple syrup production is largely concentrated in the Maple Belt, spanning the midwestern U.S. through eastern Canada.

To learn more about Woodleigh Farms Ltd.:



woodleighfarms

528 Sharpe 11 Line, Cavan





CARRICK SEEDS

Seeds

At Carrick Seeds, seeds are grown on their farm in South Bruce, in gardens tucked into a patchwork of small fields, pastures, and swamps. Their goal is to offer seeds for all the foods which make up a complete diet: carbohydrates and protein staple crops, vegetables, oilseeds, and herbs. They also offer resources to guide gardeners through cooking the crops they harvest and saving their own seeds.

Ontario Seeds

- Seeds are critical to agriculture, serving as the foundation of our food supply and essential for adapting to climate change.
- They determine the flavour, nutrition, colour, and shape of our food, and influence how plants interact with their environment.
- The seed industry contributes over \$6 billion to the economy, employs 63,000 Canadians, and exports \$640 million annually.

To learn more about Carrick Seeds:



www.carrickseeds.ca



carrickseeds@gmail.com



269 Field Road, Mildmay





BARRIE HILL FARMS

Pickles & Jam



Barrie Hill Farms, a second generation family-owned farm, spans 200 acres, cultivating fruits and vegetables, some of which are open for public picking from May to November. The farm's success is attributed to Adrien and Evelyn Gervais', foresight, work ethic, and community support. Today Morris Gervais and his family operate the farm. Their family aspires to sustain the farm for future generations, fostering a legacy of farming and land stewardship.

Ontario Grown Fruits & Vegetables

- Ontario produces over a third of Canada's fruits and vegetables, contributing more than \$4.2 billion and 66,000 jobs to the economy.
- More than 125 types of fruits and vegetables are grown by over 3,500 farmers in Ontario.
- Ontario imports over \$5 billion worth of fruits and vegetables, leaving large potential for Ontario farmers and farmland to grow more to meet local needs.

To learn more about Barrie Hill Farms:

- www.barriehillfarms.com
- barriehillfarms
- 2935 Barrie Hill Road, Barrie





TOTA FARMS

Ginseng

Tota Farms, a fourth-generation family-owned agricultural business in Southern Ontario, has specialized in high-quality ginseng for over thirty years. Committed to sustainability, they aim to reduce their carbon footprint while adhering to good agricultural practices. Their mission is to leave their land and community better than they found it, ensuring quality products and environmental responsibility.

Ontario Grown Ginseng

- During early North American settlement, excessive harvesting almost drove Ontario's wild ginseng to extinction, leading to North American ginseng's threatened status under the Species at Risk Act.
- Today, most of the world's North American ginseng is grown by independent farmers in Ontario's fertile soil, in former tobacco fields, and under black shades to mimic a forest canopy.
- Ginseng is known for its healing properties, including aiding the body in coping with stress and maintaining balance.

To learn more about Tota Farms:



www.totafarms.com

ginsengfarms



271 E Quarter Townline Road, Burford





MORRISON PUMPKIN FARM

Pumpkins & Squash

Morrison Pumpkin Farm, a family-owned business since 1985, thrives in South Georgian Bay. With over 50 pumpkin, squash, and ornamental varieties, they provide farm fresh produce to their communities and open their picturesque farm to the public for family fun every year. Be sure to plan a visit to their farm and savour their produce, fall decor, corn maze, and creative displays with your loved ones!

Ontario Grown Pumpkins & Squash

- Pumpkins and squash are key income sources for many Ontario growers.
 In fact, Halloween is second to Christmas in decorative spending among consumers.
- Pumpkins and squash thrive in hot weather and are highly sensitive to frost, which can kill them in just an hour.
- Bees are crucial for vine crop production. While wild bees can pollinate small fields, fields over 1–2 acres require additional beehives.

To learn more about Morrison Pumpkin Farm:

- www.morrisonpumpkinfarm.com
- morrisonpumpkinfarm
- 9 4449 County Road 124, Collingwood





HIVESHARE

Honey

Chris began beekeeping in 2012 out of curiosity about honeybees and their declining population. He broadened his expertise through global beekeeping communities, travelling to Spain, France, Romania, Jordan, and Sweden. Featured on local Georgina news and international stages, Chris aims to raise awareness about bee threats alongside his maintenance and production efforts.

Ontario Honey

- Ontario beekeepers make up 25% of Canadian beekeepers and manage 13% of the country's bee colonies.
- The best quality honey comes from hives with access to diverse, pesticide-free flora.
- Pollination services benefit orchard fruits, berries, vegetables, forage, and more. In fact, honeybees contribute \$3.18 billion annually to the economy through pollination.

To learn more about Hiveshare:



www.hiveshare.ca



hiveshare



Georgina





LITTLE FIELDS FARM

Pork & Poultry

Little Fields Farm, nestled in Bright, Ontario, was founded in 2015 by Claire. With a commitment to regenerative farming and environmental sustainability, the farm offers CSA vegetables, flowers, and pasture-raised meat and eggs. Together, the Little Fields Farm team work to promote community-based ecological farming, aiming to keep the power and knowledge of sustainable food production in the hands of local communities.

Ontario Raised Pork & Poultry

- The pork industry is vital to Canada's economy, supporting about 134,000 jobs and generating \$4.1 billion in sales. Ontario leads with approximately 1,919 hog farms.
- In 2021, Ontario had 2,060 poultry and egg farms, producing a whopping 316.4 million dozen eggs!
- Class 6 soil provides great pasture for pigs and chickens to live and forage on.

To learn more about Little Fields Farm:



www.littlefields.farm



littlefieldscsa



867207 Township Rd 10, Bright





THE GARDEN IN HARRINGTON

Flowers

The Garden in Harrington is a family-owned farm in Oxford County, Ontario growing over 120 varieties of flowers and foliage on nearly 2 acres. Established in January 2020 by owners Debra and Christopher, it offers field-grown, in-season flowers, annuals, perennials, and herbs. The Garden also provides event space, workshops, and educational programs for homeschoolers, families, and community groups, making it a welcoming place to enjoy a beautiful floral landscape.

Ontario Grown Flowers

- Ontario's floriculture sector generates \$736 million in farm gate sales and employs over 7,500 people.
- The market for field-grown cut flowers in Ontario is valued at \$6 million and is rapidly growing.
- Ontario field-grown flowers cover approximately 159 hectares.

To learn more about The Garden in Harrington:

- www.thegardeninharrington.com
- thegardeninharrington
- 336813 33rd Line, Harrington





Crabapple Juice

Almarium Sours' Pomarium Renaissance®, is a unique artisanal juice made by blending diverse crabapple-sized fruit grown in their chemical-free orchard. Trees live their natural lives. Fruit is harvested from trees selected from wildsourced seedlings as they matured over 35+ years. The result is a single ingredient juice with sensational flavour. A small-scale, producer-processor, their juice is only available locally and sells out every year.

Ontario Crabapple Orchards

- Any apple less than 2.5 cm diameter is considered a crabapple.
- Ontario is home to the *Malus coronaria* species of crabapple, also known as 'Wild crabapple', 'American crabapple' and 'Garland crabapple'. Though they are too bitter for humans to eat, they are a food source for wildlife.
- Ålmarium Sours demonstrates the viability of a new orchard product in Ontario that emphasizes biodiversity and sustainability.

To learn more about Almarium Sours:

almariumsours.ca

almariumsours23

Granton

